## **Self performance Codes**

### **0**= Independent: NO TALK, NO TOUCH

Staff does no assist, instruct, nor cue: resident does All activity ALONE no monitoring, no hands on assistance. (with your eyes, you watched the resident thru the door)



### 1=Supervised: TALK, NO TOUCH

Staff provides instructions or cueing (verbal), but does not provide physical (hands on) assistance. Oversight and cueing staff uses mouth/voice only. NO HANDS





#### f 2= Limited assistance: TALK and TOUCH

Staff talks to give instructions or cues and touches resident to assist: can be as simple as putting hands on resident's back or holding his/her elbow while walking. Hands used for more than set up, but does not lift any part of the resident. The resident is highly involved, you did some hands on assist but it was NON-WEIGHT BEARING



# 3 = Extensive assistance: TALK, TOUCH, and LIFT

Staff uses muscle power to lift, move, or "shift" resident. This includes lifting legs into bed, "scooting" buttocks into positioning in bed, lifting arm to assist in self feeding. The resident performed part of the activity, but WEIGHTBEARING ASSIST (someone lifted a part of the body) was required.



# 4 = Total Dependence: ALL ACTION BY STAFF

Resident dose not participate at all in any part of the activity being done for him/her. The resident didn't lift a finger to help

**8** = the activity didn't occur during the entire shift.

IF THE STAFF MEMBER HAS TOUCHED THE RESIDENT AT ALL, CODE IS AT LEAST LIMITED ASSIST.

## **STAFF PERFORMANCE**

 $\mathbf{0}$  = No staff performance required, zip, zero, nada.

1 = set up help only, maybe you undid a cover, set the wheelchair at bedside or set out grooming items



**2**= ONE person. Physically assisted by one person



3 = 2 or more physically assisted.



**8**= Activity didn't occur during the whole shift.